

ASSESSMENT TASK FORM

Assessment Task No: 1	Date Due:	Weighting: 25%
Subject: Dimensions of Health are important to every individual	NAME	
FACULTY: PDHPE	CLASS: Year 7	TEACHER:

SUBMISSION INSTRUCTIONS

- Student must complete the assessment task at home during the two week assessment task period allocated.
- Students will be required to submit a hardcopy to their class teacher on or before the due date.

MARKING

Marker: _____ Signature: _____ Date: _____

Grade / Mark: A B C D E _____ / 30

Comment:

STUDENT CONFIRMATION

I certify that...

- The following assignment is all of my own work.
 - I have not copied any material from other sources
 - No one else (including tutors, parents or other family or friends) have completed the work for me.
 - I have provided a list of sources (bibliography) that I have used to help me to complete my assignment.
 - I have provided referencing throughout the assignment to indicate where I have quoted someone else's work.
- I have kept a copy of my work

Student's Signature: _____

ASSESSMENT TASK SHEET

CONTEXT

Students have reviewed the nature of health. The students will analyse the 5 dimensions of health and the interrelationships between them. They will examine magazine articles, radio transcripts and TV media to gain a greater understanding of wholistic health in the 21st century.

OUTCOMES BEING ASSESSED

A student will be assessed on the following outcomes:

Major Outcomes.

4.6 – describes the nature of health and analyses how health issues may impact on young people.

4.9 – describes the benefits of a balanced lifestyle and participation in physical activity.

4.15 – devises, applies and monitors plans to achieve short-term and long-term goals.

ASSESSMENT CRITERIA FOR SUCCESS

Student will be assessed on their ability to:

- Gather a range of relevant articles/reports and information about health related issues in the media;
- Accurately describe the articles/reports and the health component/s being discussed in the article/report;
- Identify the health component/s being discussed and how they interrelate under the key terms used throughout this unit.

TASK DESCRIPTION

Students are required to compile a journal of **five** (5) health-related articles. Each article must address a different dimension of health. Students include the following for each article:

PART A

- A **copy** of the article. (½ mark per article)
- The **title, date and name of author/reporter** of the article. (½ mark per article)
- **Write an outline of the article** (2 mark per article)
- **Identify the dimensions of health in the article** (2 marks per article)

PART B

- **In Class Question: Which will be done at the completion of Part A**

Describe how the dimensions of health work together to influence a person's overall health.
(5 marks)

Key Words:-

Outline: Sketch in general terms

Identify:- Recognise and name

Describe: Characteristics and features

Marking Guidelines **Unit:** Dimension of Health are important to every individual

Task Number: 1 Name:.....

MAJOR OUTCOME TO BE ASSESSED	
4.6 - describes the components of health and analyses how health related articles may impact on people.	
MARKING GUIDELINES	Mark
Excellent knowledge, understanding & skills are demonstrated through responses that: <ul style="list-style-type: none"> • A journal that includes five (5) articles from various media sources; • An extensive outline of each article • Accurate identification of the dimensions of health in each article • Extensive description on how the dimensions of health work together for overall health • Explanation is clear and concise and uses the correct terminology • Includes the correct referencing style for each article 	A Excellent
Thorough knowledge, understanding & skills are demonstrated through responses that: <ul style="list-style-type: none"> • A journal that includes five (5) articles from various media sources; • A thorough outline of each article • Accurate identification of the dimensions of health in each article. • Thorough description on how the dimensions of health work together for overall health • Explanation is clear and concise and uses the correct terminology • Includes the correct referencing style for each article 	B Thorough
Sound knowledge, understanding & skills are demonstrated through responses that: <ul style="list-style-type: none"> • A journal that includes 5 articles • A sound outline of each article • Identified main dimension of health in the article • Sound description on how the dimensions of health work together for overall health • A sound explanation using with a use of terminology • Includes the correct referencing style for most articles 	C Sound
General knowledge, understanding & skills are demonstrated through responses that: <ul style="list-style-type: none"> • A journal that includes 3-5articles • A basic outline of each article • Required assistance identifying dimension of health in the article • A basic attempt at describing how the dimensions of health work together for overall health • Basic use of terminology or similar words • Required assistance with referencing style 	D Basic
Elementary (0 – 9) E <ul style="list-style-type: none"> • Collects 2-5articles for a journal • A limited or no outline of each article • Identifying the dimensions can only be made with teacher assistance • No description of how dimensions can work together for overall health. 	E Elementary