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CIS ATHLETICS CARNIVAL

Dear Parents

Congratulations, _____ has qualified to compete in the following events at the CIS Athletics Carnival on Wednesday 13 September at Sydney Olympic Park, Homebush.

If your child does not wish to compete please notify us by Friday 25 August

Please read the following information about the day carefully.

DATE: Wednesday 13 September 2017

100m	200m	800m
High Jump	Long Jump	Shot Put
Discus	Javelin	Relay

VENUE: Sydney Olympic Park

Parents / competitors should note the following CIS events for 2017 are as follows:

Track

100 Metres - 8 Yrs, 9 Yrs, 10 Yrs, 11 Yrs, 12 Yrs, 13 Yrs

200 Metres - Junior, 11 Years, 12/13 Years

800 Metres - Junior, 11 Years, 12/13 Years

4 x 100 Metres Relay – Senior, Junior, Small Schools

Field

Shot Put - Junior (2kg), 11 Years (2kg), 12/13 Years (3kg)

Discus - Junior (500gms), 11 Years (750gms), 12/13 Years

(750gms) Long Jump - Junior, 11 Years, 12/13 Years

High Jump - Junior, 11 Years, 12/13 Years

What to bring

- *All students will be expected to wear their full sports uniform at the carnival. HRIS shirts will be given out a few days prior to the carnival
- *Bring sunscreen, school hat, drinks, snacks etc.
- *There will be a canteen available.
- *Ribbons will be awarded for the first 3 place getters overall. This includes Division 1 and Division 2. Ribbons will be sent to the school.
- *Spiked shoes may be worn in the 100m and 200m races, NOT in the 800m. Spikes must not exceed 7mm in length and the shoes must be carried to each event, not worn all day.

****Parents are not permitted on the field or track at any time, they must remain in the stands.**

Travel

Travel will be by Private vehicle and this is the responsibility of parents.

Cost

There is no cost for participating students

If you have any enquiries please do not hesitate to contact reception.

Please note: ALL PERMISSION NOTES NEED TO BE RETURNED TO SCHOOL BY FRIDAY 25 AUGUST. IF THEY ARE NOT, I WILL ASSUME YOUR CHILD IS NOT GOING AND ANOTHER STUDENT WILL TAKE THEIR PLACE.

Information including a program, a map and this permission note will also be posted on our webpage under Primary Sport / CIS / CIS Athletics next week.

Please read the risk warning, fill out the permission note and return it to reception by Friday 25 August. If you are able to take other students with you, please indicate this on the back of the note also.

If you have any further questions please call reception.

Kind regards



Robert Black
Head of Primary

RISK WARNING UNDER SECTION 5M OF THE CIVIL LIABILITY ACT
OF 2002 EXTRA CURRICULAR ACTIVITIES

Calrossy Anglican School participates in a variety of extra-curricular activities, including excursions both interstate and in the local region. While Calrossy Anglican School takes measures to make the activities as safe as possible for participants, there is a risk that students can be injured and suffer loss (including financial loss) and damage as a result of their participation in these excursions.

Injury can occur while the student is engaging in or watching an extra-curricular activity, or travelling to and from the event. The injury may result from a student's actions or the actions of others. On some occasions, an injury can be serious (such as torn ligaments, dislocations, back injuries, concussion or broken bones). In very rare cases the injury can be life threatening or result in permanent disability. If a student has a pre-existing injury, participating in one of these activities could result in an exacerbation of that injury. Students could also suffer loss as a result of their personal property being lost, stolen, damaged or destroyed.

PERMISSION NOTE
(to be returned to Reception by 26 July)

I _____ give permission for my child _____ to travel to Glendale in Newcastle to participate in HRIS Athletics Carnival on the Friday 11 August.

I understand that travel will be by private car and that this excursion will include activities that may involve inherent risks, even though the school takes measures to minimise these.

I have read and understood the risk warning printed above.

My child's health status, including any dietary requirements, has not changed since the beginning of the year (or if it has, I have informed the school Health Centre in writing).

I understand that if my child's behaviour is unacceptable on this excursion the school has the right to send him/her home at my expense.

If any upsetting news or information needs to be communicated to my child, I acknowledge that this needs to be first discussed with the Head of Primary so that this situation can be appropriately managed and unnecessary impact on the excursion can be minimised.

I note that:

- If the permission slip is not returned by the due date, the school will presume that my child is not attending. Late admission to the excursion will only be possible if there is still room regarding transport, accommodation or other activity bookings.
- If I return the permission note and my child later withdraws from the excursion, the school may charge parents for booking, accommodation and transport costs which are not refundable.

Parent Name: _____ Parent Signature: _____ Date: _____

Please tick one of the boxes below

My child will require transport to and from the event (This will be by another

parent) My child will not require transport to and from the event

I _____ am able to take another _____ with me.

Signed: _____ Date: _____

CIS PRIMARY ATHLETICS 13/9/17**PROGRAM OF EVENTS**

Times are approximate - all competitors should report at least half an hour before the scheduled time for their event

Primary Athletics Program 2017

Please note that there is a possibility that the 1500m may be run in the 3 age groups (10, 11 & 12-13).

This will be confirmed by the end of Term 3 Week 2

If the 1500m is run it will be the first 6 events and commence at 8.30am

Otherwise the program will remain as listed below

TRACK

9.15am	1	Girls 8-10 4x100 Metre Relay Junior	Heats
	2	Boys 8-10 4x100 Metre Relay Junior	Heats
	3	Girls 11-13 4x100 Metre Relay Senior	Heats
	4	Boys 11-13 4x100 Metre Relay Senior	Heats
10.15am		Finals of Events 1-5	
10.45am	5	Girls 8-10 & 11-13 800 Metre Multi-Class	Final
	6	Boys 8-10 & 11-13 800 Metre Multi-Class	Final
	7	Girls 8 Year Olds 100 Metre	Heats
	8	Boys 8 Year Olds 100 Metre	Heats
	9	Girls 9 Year Olds 100 Metre	Heats
	10	Boys 9 Year Olds 100 Metre	Heats
	11	Girls 10 Year Olds 100 Metre	Heats
	12	Boys 10 Year Olds 100 Metre	Heats
	13	Girls 11 Year Olds 100 Metre	Heats
	14	Boys 11 Year Olds 100 Metre	Heats
	15	Girls 12 Year Olds 100 Metre	Heats
	16	Boys 12 Year Olds 100 Metre	Heats
11.40am		Finals of Events 8-17	
	17	Girls 13 Year Olds 100 Metre	Final
	18	Boys 13 Year Olds 100 Metre	Final
12.30pm	19	Girls 8-10 800 Metre	Final
	20	Boys 8-10 800 Metre	Final
	21	Girls 11 Year Olds 800 Metre	Final
	22	Boys 11 Year Olds 800 Metre	Final
	23	Girls 12-13 800 Metre	Final
	24	Boys 12-13 800 Metre	Final
	25	Girls 8-10 & 11-13 200 Metres Multi-Class	Final
	26	Boys 8-10 & 11-13 200 Metres Multi-Class	Final
1.00pm		LUNCH	
1.30pm	28	Girls 8-10 200 Metre	Heats
	29	Boys 8-10 200 Metre	Heats
	30	Girls 11 Year Olds 200 Metre	Heats

	31	Boys 11 Year Olds 200 Metre	Heats	
	32	Girls 12-13 200 Metre	Heats	
	33	Boys 12-13 200 Metre	Heats	
2.30pm	34	Girls 13 & Under 100 Metre Multi-Class	Final	
	35	Boys 13 & Under 100 Metre Multi-Class	Final	
2.45pm		Finals of Events 28-33		
		Field Events		
9.15am	36	Girls 8-10 & 11-13 Long Jump Open Multi-Class	Final	
9.15am	37	Boys 8-10 & 11-13 Long Jump Open Multi-Class	Final	
10.00am	38	Girls 12-13 High Jump Senior	Final	
10.00am	39	Boys 12-13 High Jump Senior	Final	
10.00am	40	Girls 8-10 & 11-13 Shot Put Multi-Class	Final	1.5kg, 2kg or 3kg
10.00am	41	Boys 8-10 & 11-13 Shot Put Multi-Class	Final	1.5kg, 2kg or 3kg
10.00am	42	Girls 8-10 Discus Throw Junior	Final	500g
10.00am	43	Boys 8-10 Discus Throw Junior	Final	500g
10.00am	44	Girls 11 Year Olds Long Jump	Final	
10.00am	45	Boys 11 Year Olds Long Jump	Final	
10.30am	46	Girls 11 Year Olds Shot Put	Final	2kg
10.30 am	47	Boys 11 Year Olds Shot Put	Final	2kg
11.15am	48	Girls 8-10 High Jump Junior	Final	
11.15am	49	Boys 8-10 High Jump Junior	Final	
11.15am	50	Girls 12-13 Long Jump Senior	Final	
11.15am	51	Boys 12-13 Long Jump Senior	Final	
11.30am	52	Girls 8-10 & 11-13 Discus Multi-Class	Final	500g or 750g
11.30am	53	Boys 8-10 & 11-13 Discus Multi-Class	Final	500g or 750g
11.30am	54	Girls 11 Year Olds Discus Throw	Final	750g
11.30am	55	Boys 11 Year Olds Discus Throw	Final	750g
12.00pm	56	Girls 12-13 Shot Put Senior	Final	3kg
12.00pm	57	Boys 12-13 Shot Put Senior	Final	3kg
12.30pm	58	Girls 11 Year Olds High Jump	Final	
12.30pm	59	Boys 11 Year Olds High Jump	Final	
12.30pm	60	Girls 8-10 Long Jump Junior	Final	
12.30pm	61	Boys 8-10 Long Jump Junior	Final	
1.00pm	62	Girls 8-10 Shot Put Junior	Final	2kg
1.00pm	63	Boys 8-10 Shot Put Junior	Final	2kg
1.00pm	64	Girls 12-13 Discus Throw Senior	Final	750g
1.00pm	65	Boys 12-13 Discus Throw Senior	Final	750g
3.00pm		Close of carnival and clean up		

* Small schools relay may be a mixed relay from schools with a total enrolment of 54 or less