

Association of Independent Co-Educational Schools



ATHLETICS CHAMPIONSHIPS 2017

Sydney Olympic Athletics Centre
Wednesday 30th August 8.45am – 4.45pm

Competing Associations

CDSSA	Combined Districts Schools Sports Association
HZSA	Hills Zone Sports Association
HRIS	Hunter Region Independent Schools
NASSA	New Anglican Schools Sports Association
ISD	Independent Sydney and Districts School Sports Association
SASSA	Southern Anglican Schools Sports Association
SWISSA	South Western Independent Schools Sports Association
WAS	Western Associated Schools

Notes

1. Ages based on age turned in current the Year.
2. A competitor may compete in one age group only throughout the Carnival except when no event as such is provided for them in their own age group. Competitors may only compete in one relay.
3. If competitors are in a track and field event at the same time, they must report to the field judge to register, then take part in the track event. After the track event, competitors must report back to the field judge within 5mins of the completion of their race. Failure to report back within 5 minutes will result in disqualification. High Jumps competitors must start at the current height of the bar. The bar will not be lowered. Competitors will not be allowed to resume if the event has been closed by the referee.
4. A dispensation has been granted for athletes in the 12 & 13 years age groups. One false start for the race will be allowed for these age groups- the next athlete to break will be disqualified
5. *All rules as per Athletics NSW.*
6. Entries

100m, 200m, 400m	3 Competitors per event for CDSSA, HZSA, HRIS, NASSA
	2 Competitors per event for SWISSA, ISD and SASSA
	1 competitor per event for WAS
800m, 1500m, 3000m	3 Competitors per event for all associations
All fields events	2 Competitors per event for all associations
Two relay teams per event.	
7. Three attempts only for all field events (except High Jump)
8. Times indicated for events are approximate only. Competitors must listen for announcements of the start of events as these will be the official times.
9. All Protests must be submitted to either the Track or Field Referee in writing within 30mins of the incident. The Referees decision is final.
10. Ribbons will be awarded for both heats. A medallion will be awarded to the AICES Champion in each event.

Athletics Implement Specifications

MALE	Shot	Disc	Jav	FEMALE	Shot	Disc	Jav
18+yrs	6kg	1.75kg	800g	19yrs	4kg	1.0kg	600g
17 yrs	5kg	1.5kg	700g	17yrs	3kg	1.0kg	500g
16 yrs	5kg	1.5kg	700g	16 yrs	3kg	1.0kg	500g
15 yrs	4kg	1.0kg	700g	15 yrs	3kg	1.0kg	500g
14 yrs	4kg	1.0kg	700g	14 yrs	3kg	1.0kg	500g
13 yrs	3kg	1.0kg	600g	13 yrs	3kg	1.0kg	400g
12 yrs	3kg	0.75g	600g	12 yrs	3kg	0.75kg	400g

These specifications ae the same as CIS

Program of Events

Approx Time	Event No	Event Description	Implement or Starting Height	Venue
8.45am		Marshalling Commences		
9.00am	1	Boys 12-14 3000 Metres		
	2	Girls 13-14 3000 Metres		
	3	Boys 15-16 3000 Metres		
	4	Girls 15-16 3000 Metres		
	5	Boys 17-19 3000 Metres		
	6	Girls 17-19 3000 Metres		
	7	Girls 12 Years High Jump	1.10m	Stand 1
	8	Girls 15 Years High Jump	1.20m	Stand 2
	9	Girls 17 Years Shot Put	3kg	Circle 1
	10	Boys 17 Years Shot Put	5kg	Circle 2
	11	Boys 14 Years Long Jump		Pit 1
	12	Boys 16 Years Discus	1.5kg	Circle 1
	13	Boys 15 Years Long Jump		Pit 4
	14	Girls 18-19 Javelin	600g	Arc 1
	15	Boys 13 Years Discus	1.0kg	Circle 2
	16	Boys & Girls Para Athlete Long Jump		Pit 2
9.35am	17	Girls 13 Years Discus	1.0kg	Circle 1
	18	Girls 14 Years Discus	1.0kg	Circle 2
	19	Girls 16 Years Long Jump		Pit 1
	20	Boys 13 Years Shot Put	3kg	Circle 1
	21	Boys 12 Years Shot Put	3kg	Circle 2
	22	Boys 14 Years Javelin	700g	Arc 2
	23	Boys 18-19 High Jump	1.50m	Stand 1
	24	Boys 15 Years High Jump	1.40m	Stand 2
10.10am	25	Girls 12 Years 200 Metres		
	26	Girls 13 Years 200 Metres		
	27	Girls 14 Years 200 Metres		
	28	Girls 15 Years 200 Metres		
	29	Girls 16 Years 200 Metres		
	30	Girls 17 Years 200 Metres		
	31	Girls 18-19 200 Metres		
	32	Girls 12 Years Javelin	400g	Arc 2
	33	Boys 12 Years Javelin	600g	Arc 1
	34	Girls & Boys 12-19 Para Athlete Shot Put		Circle 2
10.40am	35	Boys 12 Years 200 Metres		
	36	Boys 13 Years 200 Metres		
	37	Boys 14 Years 200 Metres		
	38	Boys 15 Years 200 Metres		
	39	Boys 16 Years 200 Metres		
	40	Boys 17 Years 200 Metres		
	41	Boys 18-19 200 Metres		

	42	Boys and Girls 12-19 200m Para Athlete		
	43	Girls 17-19 Triple Jump		Pit 3
	44	Girls 13 Years Shot Put	3kg	Circle 1
	45	Girls 14 Years Long Jump	3kg	Pit 4
	46	Girls 16 Years Javelin	500g	Arc 1
	47	Boys 18-19 Discus	1.75kg	Circle 1
11.10am	48	Girls 12 Years 800 Metres		
	49	Girls 13 Years 800 Metres		
	50	Girls 14 Years 800 Metres		
	51	Girls 15 Years 800 Metres		
	52	Girls 16 Years 800 Metres		
	53	Girls 17 Years 800 Metres		
	54	Girls 18-19 800 Metres		
	55	Boys 12 Years Long Jump		Pit 2
	56	Boys 13 Years High Jump	1.20m	Stand 1
	57	Boys 14 Years Discus	1.0kg	Circle 2
	58	Boys 15 Years Javelin	700g	Arc 2
	59	Boys 16 Years Shot Put	5kg	Circle 2
	60	Boys 17 Years High Jump	1.50m	Stand 2
	61	Boys 18-19 Long Jump		Pit 1
11.50am	62	Boys 12 Years 800 Metres		
	63	Boys 13 Years 800 Metres		
	64	Boys 14 Years 800 Metres		
	65	Boys 15 Years 800 Metres		
	66	Boys 16 Years 800 Metres		
	67	Boys 17 Years 800 Metres		
	68	Boys 18-19 800 Metres		
	69	Mixed 12-19 Para Athlete 800 Meters		
	70	Girls 12 Years Shot Put	3kg	Circle 1
	71	Girls 14 Years Shot Put	3kg	Circle 2
	72	Girls 15 Years Long Jump		Pit 4
	73	Girls 16 Years Discus	1.0kg	Circle 1
	74	Girls 17 Years Javelin	500g	Arc 1
	75	Girls 18-19 High Jump	1.20m	Stand 1
	76	Boys 17 Years Long Jump		Pit 2
	77	Boys 12 Years Discus	0.75kg	Circle 2
	78	Girls 13 Javelin	400g	Arc 2
12.30pm	79	Girls 15 Years Discus	1.0kg	Circle 1
	80	Girls 16 Years High Jump	1.20m	Stand 2
	81	Girls 18-19 Long Jump		Pit 1
	82	Boys 14 Years Shot Put	4kg	Circle 1
	83	Boys 15 Years Shot Put	4kg	Circle 2
	84	Boys 17 Years Javelin	700g	Arc 1
	85	Boys 17-19 Triple Jump		Pit 3
	86	Boys 13 Javelin	600g	Arc 2
	87	Girls 12 Years 100 Metres		
	88	Girls 13 Years 100 Metres		
	89	Girls 14 Years 100 Metres		

	90	Girls 15 Years 100 Metres		
	91	Girls 16 Years 100 Metres		
	92	Girls 17 Years 100 Metres		
	93	Girls 18-19 100 Metres		
	94	Girls 12-19 100 Meters Para Athlete		
1.00pm	95	Boys 12 Years 100 Metres		
	96	Boys 13 Years 100 Metres		
	97	Boys 14 Years 100 Metres		
	98	Boys 15 Years 100 Metres		
	99	Boys 16 Years 100 Metres		
	100	Boys 17 Years 100 Metres		
	101	Boys 18-19 100 Metres		
	102	Boys 12-19 100 Meters Para Athlete		
	103	Girls 15-16 Triple Jump		Pit 4
	104	Boys 13 Years Long Jump		Pit 2
	105	Girls 17 Years Discus	1.0kg	Circle 2
	106	Boys 18-19 Javelin	800g	Arc 1
	107	Boys 16 Years High Jump	1.50m	Stand 1
	108	Boys 14 Years High Jump	1.30m	Stand 2
1.30pm	109	Girls 12 Years 1500 Metres		
	110	Girls 13 Years 1500 Metres		
	111	Girls 14 Years 1500 Metres		
	112	Girls 15 Years 1500 Metres		
	113	Girls 16 Years 1500 Metres		
	114	Girls 17 Years 1500 Metres		
	115	Girls 18-19 1500 Metres		
	116	Boys 15 Years Discus	1.0kg	Circle 1
	117	Boys 16 Years Long Jump		Pit 1
	118	Boys 12-14 Triple Jump		Pit 3
	119	Mixed 12-19 Para Athlete Discus		Circle 2
2.10pm	120	Boys 12 Years 1500 Metres		
	121	Boys 13 Years 1500 Metres		
	122	Boys 14 Years 1500 Metres		
	123	Boys 15 Years 1500 Metres		
	124	Boys 16 Years 1500 Metres		
	125	Boys 17 Years 1500 Metres		
	126	Boys 18-19 1500 Metres		
	127	Girls 13 Years High Jump	1.10m	Stand 1
	128	Girls 12 Years Discus	0.75kg	Circle 2
	129	Girls 14 Years Javelin	500g	Arc 2
	130	Girls 15 Years Shot Put	3kg	Circle 1
	131	Girls 17 Years High Jump	1.20m	Stand 2
	132	Girls 18-19 Shot Put	4kg	Circle 2
	133	Girls 12-14 Triple Jump		Pit 3
3.00pm	134	Girls 12 400 Metres		
	135	Girls 13 400 Metres		
	136	Girls 14 Years 400 Metres		
	137	Girls 15 Years 400 Metres		

	138	Girls 16 Years 400 Metres		
	139	Girls 17 Years 400 Metres		
	140	Girls 18-19 400 Metres		
	141	Girls 12 Years Long Jump		Pit 1
	142	Boys 12 Years High Jump	1.10m	Stand 1
	143	Boys 16 Years Javelin	700g	Arc 1
	144	Boys 17 Years Discus	1.5kg	Circle 1
	145	Boys 18-19 Shot Put	6kg	Circle 1
	146	Boys 15-16 Triple Jump		Pit 3
3.30pm	147	Boys 12 400 Metres		
	148	Boys 13 400 Metres		
	149	Boys 14 Years 400 Metres		
	150	Boys 15 Years 400 Metres		
	151	Boys 16 Years 400 Metres		
	152	Boys 17 Years 400 Metres		
	153	Boys 18-19 400 Metres		
	154	Girls 13 Years Long Jump		Pit 1
	155	Girls 14 Years High Jump	1.10m	Stand 2
	156	Girls 15 Years Javelin	500g	Arc 2
	157	Girls 16 Years Shot Put	3kg	Circle 2
	158	Girls 17 Years Long Jump		Pit 3
	159	Girls 18-19 Discus	1.0kg	Circle 2
4.00pm	160	Boys 14yrs& Under 4 x 100 Relay		
	161	Boys Open 4 x 100 Relay		
	162	Girls 14yrs& Under 4 x 100 Relay		
	163	Girls Open 4 x 100 Relay		

Event Easy Finder

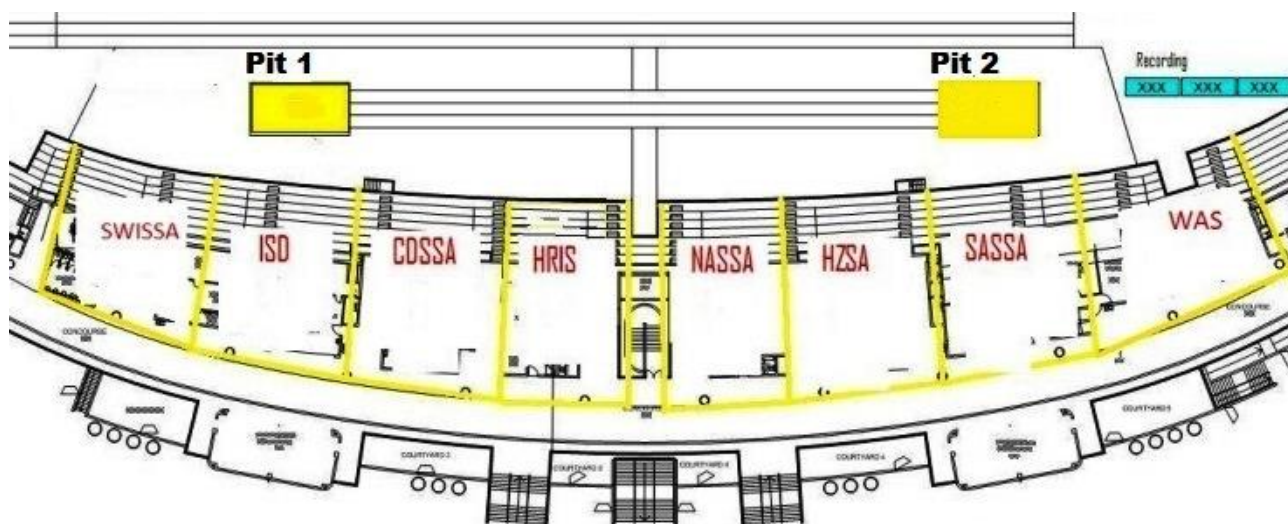
Event	Event Description	Time	Venue	Event	Event Description	Time	Venue
21	Boys 12 Years Shot Put	9.35am	Circle 2	134	Girls 12 400	3.00pm	
33	Boys 12 Years Javelin	10.10am	Arc 1	7	Girls 12 Years High Jump	9.00am	Stand 1
35	Boys 12 Years 200	10.40am		25	Girls 12 Years 200	10.10am	
55	Boys 12 Years Long Jump	11.10am	Pit 2	32	Girls 12 Years Javelin	10.10am	Arc 2
62	Boys 12 Years 800	11.50am		48	Girls 12 Years 800	11.10am	
77	Boys 12 Years Discus	11.50am	Circle 2	70	Girls 12 Years Shot Put	11.50am	Circle 1
95	Boys 12 Years 100	1.00pm		87	Girls 12 Years 100	12.30pm	
120	Boys 12 Years 1500	2.10pm		109	Girls 12 Years 1500	1.30pm	
142	Boys 12 Years High Jump	3.00pm	Stand 1	128	Girls 12 Years Discus	2.10pm	Circle 2
147	Boys 12 400	3.30pm		141	Girls 12 Years Long Jump	3.00pm	Pit 1
15	Boys 13 Years Discus	9.00am	Circle 2	17	Girls 13 Years Discus	9.35am	Circle 1
20	Boys 13 Years Shot Put	9.35am	Circle 1	26	Girls 13 Years 200	10.10am	
36	Boys 13 Years 200	10.40am		44	Girls 13 Years Shot Put	10.40am	Circle 1
56	Boys 13 Years High Jump	11.10am	Stand 1	49	Girls 13 Years 800	11.10am	
63	Boys 13 Years 800	11.50am		78	Girls 13 Javelin	11.50am	Arc 2
86	Boys 13 Javelin	12.30pm	Arc 2	88	Girls 13 Years 100	12.30pm	
96	Boys 13 Years 100	1.00pm		110	Girls 13 Years 1500	1.30pm	
104	Boys 13 Years Long Jump	1.00pm	Pit 2	127	Girls 13 Years High Jump	2.10pm	Stand 1
121	Boys 13 Years 1500	2.10pm		135	Girls 13 400	3.00pm	
148	Boys 13 400	3.30pm		154	Girls 13 Years Long Jump	3.30pm	Pit 1
1	Boys 12-14 3000	9.00am		2	Girls 13-14 3000	9.00am	
11	Boys 14 Years Long Jump	9.00am	Pit 1	18	Girls 14 Years Discus	9.35am	Circle 2
22	Boys 14 Years Javelin	9.35am	Arc 2	27	Girls 14 Years 200	10.10am	
37	Boys 14 Years 200	10.40am		45	Girls 14 Years Long Jump	10.40am	Pit 4
57	Boys 14 Years Discus	11.10am	Circle 2	50	Girls 14 Years 800	11.10am	
64	Boys 14 Years 800	11.50am		71	Girls 14 Years Shot Put	11.50am	Circle 2
82	Boys 14 Years Shot Put	12.30pm	Circle 1	89	Girls 14 Years 100	12.30pm	
97	Boys 14 Years 100	1.00pm		111	Girls 14 Years 1500	1.30pm	
108	Boys 14 Years High Jump	1.00pm	Stand 2	129	Girls 14 Years Javelin	2.10pm	Arc 2
118	Boys 12-14 Triple Jump	1.30pm	Pit 3	133	Girls 12-14 Triple Jump	2.10pm	Pit 3
122	Boys 14 Years 1500	2.10pm		136	Girls 14 Years 400	3.00pm	
149	Boys 14 Years 400	3.30pm		155	Girls 14 Years High Jump	3.30pm	Stand 2
160	Boys 14yrs& Under Relay	4.00pm		162	Girls 14yrs& Under Relay	4.00pm	
13	Boys 15 Years Long Jump	9.00am	Pit 4	8	Girls 15 Years High Jump	9.00am	Stand 2
24	Boys 15 Years High Jump	9.35am	Stand 2	28	Girls 15 Years 200	10.10am	
38	Boys 15 Years 200	10.40am		51	Girls 15 Years 800	11.10am	
58	Boys 15 Years Javelin	11.10am	Arc 2	72	Girls 15 Years Long Jump	11.50am	Pit 4
65	Boys 15 Years 800	11.50am		79	Girls 15 Years Discus	12.30pm	Circle 1
83	Boys 15 Years Shot Put	12.30pm	Circle 2	90	Girls 15 Years 100	12.30pm	
98	Boys 15 Years 100	1.00pm		112	Girls 15 Years 1500	1.30pm	
116	Boys 15 Years Discus	1.30pm	Circle 1	130	Girls 15 Years Shot Put	2.10pm	Circle 1
123	Boys 15 Years 1500	2.10pm		137	Girls 15 Years 400	3.00pm	
150	Boys 15 Years 400	3.30pm		156	Girls 15 Years Javelin	3.30pm	Arc 2

Event	Event Description	Time	Venue	Event	Event Description	Time	Venue
3	Boys 15-16 3000	9.00am		4	Girls 15-16 3000	9.00am	
12	Boys 16 Years Discus	9.00am	Circle 1	19	Girls 16 Years Long Jump	9.35am	Pit 1
39	Boys 16 Years 200	10.40am		29	Girls 16 Years 200	10.10am	
59	Boys 16 Years Shot Put	11.10am	Circle 2	46	Girls 16 Years Javelin	10.40am	Arc 1
66	Boys 16 Years 800	11.50am		52	Girls 16 Years 800	11.10am	
99	Boys 16 Years 100	1.00pm		73	Girls 16 Years Discus	11.50am	Circle 1
107	Boys 16 Years High Jump	1.00pm	Stand 1	80	Girls 16 Years High Jump	12.30pm	Stand 2
117	Boys 16 Years Long Jump	1.30pm	Pit 1	91	Girls 16 Years 100	12.30pm	
124	Boys 16 Years 1500	2.10pm		103	Girls 15-16 Triple Jump	1.00pm	Pit 4
143	Boys 16 Years Javelin	3.00pm	Arc 1	113	Girls 16 Years 1500	1.30pm	
146	Boys 15-16 Triple Jump	3.00pm	Pit 3	138	Girls 16 Years 400	3.00pm	
151	Boys 16 Years 400	3.30pm		157	Girls 16 Years Shot Put	3.30pm	Circle 2
10	Boys 17 Years Shot Put	9.00am	Circle 2	9	Girls 17 Years Shot Put	9.00am	Circle 1
40	Boys 17 Years 200	10.40am		30	Girls 17 Years 200	10.10am	
60	Boys 17 Years High Jump	11.10am	Stand 2	53	Girls 17 Years 800	11.10am	
67	Boys 17 Years 800	11.50am		74	Girls 17 Years Javelin	11.50am	Arc 1
76	Boys 17 Years Long Jump	11.50am	Pit 2	92	Girls 17 Years 100	12.30pm	
84	Boys 17 Years Javelin	12.30pm	Arc 1	105	Girls 17 Years Discus	1.00pm	Circle 2
100	Boys 17 Years 100	1.00pm		114	Girls 17 Years 1500	1.30pm	
125	Boys 17 Years 1500	2.10pm		131	Girls 17 Years High Jump	2.10pm	Stand 2
144	Boys 17 Years Discus	3.00pm	Circle 1	139	Girls 17 Years 400	3.00pm	
152	Boys 17 Years 400	3.30pm		158	Girls 17 Years Long Jump	3.30pm	Pit 3
5	Boys 17-19 3000	9.00am		6	Girls 17-19 3000	9.00am	
23	Boys 18-19 High Jump	9.35am	Stand 1	14	Girls 18-19 Javelin	9.00am	Arc 1
41	Boys 18-19 200	10.40am		31	Girls 18-19 200	10.10am	
47	Boys 18-19 Discus	10.40am	Circle 1	43	Girls 17-19 Triple Jump	10.40am	Pit 3
61	Boys 18-19 Long Jump	11.10am	Pit 1	54	Girls 18-19 800	11.10am	
68	Boys 18-19 800	11.50am		75	Girls 18-19 High Jump	11.50am	Stand 1
85	Boys 17-19 Triple Jump	12.30pm	Pit 3	81	Girls 18-19 Long Jump	12.30pm	Pit 1
101	Boys 18-19 100	1.00pm		93	Girls 18-19 100	12.30pm	
106	Boys 18-19 Javelin	1.00pm	Arc 1	115	Girls 18-19 1500	1.30pm	
126	Boys 18-19 1500	2.10pm		132	Girls 18-19 Shot Put	2.10pm	Circle 2
145	Boys 18-19 Shot Put	3.00pm	Circle 1	140	Girls 18-19 400	3.00pm	
153	Boys 18-19 400	3.30pm		159	Girls 18-19 Discus	3.30pm	Circle 2
161	Boys Open Relay	4.00pm		163	Girls Open Relay	4.00pm	
Para Athlete							
16	Boys & Girls Para Athlete Long Jump	9.00am	Pit 2	94	Girls 100 Meters Para Athlete	12.30pm	
34	Girls & Boys Para Athlete Shot Put	10.10am	Circle 2	102	Boys 100 Meters Para Athlete	1.00pm	
42	Boys and Girls 200m Para Athlete	10.40am		119	Boys & Girls Para Athlete Discus	1.30pm	Circle 2
69	Boys & Girls Para Athlete 800 Meters	11.50am					

AICES Representative Squad

- Students will be selected in accordance with the AICES selection policy, as outlined on the AICES Website.
- Students will be selected for events according to the age they turn this year.
- The official team will be posted on the AICES Website on Tuesday morning. Receiving an information sheet does not automatically mean that selection has been granted.
- Students competing at the AICES championships who do NOT wish to be considered for selection into the AICES representative squad must notify the convenor **BEFORE** the end of the championships.
- The AICES squad will compete at the CIS Championships. 1st & 2nd & 3rd place in both Track and Field will be selected in the AICES team (where there are two heats the results will be combined to determine the places). Only 2 Relay teams will progress.

Seating



AICES Records 2016

12 Years			
Girls 12 100	13.46	31/08/2015	Scarlett Prowse - ARDEN
Girls 12 200	27.59	3/09/2012	Georgia McEwan - Shellharbour Ang
Girls 12 400	1:06.21	31/08/2016	Montana Lily Monk - Bishop Tyrrell
Girls 12 800	2:22.56	31/08/2016	Montana Lily Monk - Bishop Tyrrell
Girls 12 1500	5:02.17	31/08/2016	Montana Lily Monk - Bishop Tyrrell
Girls 12 High	1.48m	2/09/2013	Jessica-Lee Keller - Arndell AC
Girls 12 Long	4.87m	3/09/2012	Eva Neville - St Phillip'sCC
Girls 12 Disc	29.50m	31/08/2016	Praise Lauano - Thomas Hassall
Girls 12 Jav	18.44m	31/08/2016	Jorja-Kate Ryan - Penrith
Girls 12 Shot	9.72m	5/09/2005	Georgina Butterworth - Pittwater House
13 Years			
Girls 13 100	12.95	31/08/2016	Emily Page - Rouse Hill
Girls 13 200	26.02	31/08/2015	Emma Klasen - CALROSSY
Girls 13 400	59.86	2/09/2013	Bess Chippendale - Central Coast AS
Girls 13 800	2:23.40	31/08/2016	Cassandra Fayers - St Philips N
Girls 13 1500	5:05.27	31/08/2015	Catriona Henderson - St Lukes
Girls 13 High	1.54m	31/08/2015	Tarni Evans - Sapphire Coast
Girls 13 Long	4.89m	31/08/2015	Emma Klasen - CALROSSY
Girls 13 Disc	28.65m	31/08/2015	Kate Peterson - William Clarke
Girls 13 Jav	34.32m	2/09/2013	Sabrina Kliousis - Newcastle GS
14 Years			
Girls 13 Shot	10.97m	4/09/2007	Romy Ehrlich - Moriah College
Girls 12-14 3000	10:28.94	31/08/2016	Catriona Henderson - St Lukes
Girls 12-14 Triple	11.23m	5/09/2011	Mercy Agbeze - Central Coast AS
Girls 12-14 Relay	53.18	3/09/2008	Penrith AC - NASSA
Girls 14 100	12.43	31/08/2016	Emma Klasen - Calrossy
Girls 14 200	25.78	31/08/2016	Emma Klasen - Calrossy
Girls 14 400	59.24	9/09/2009	Courtney Chamberlain - William Clarke
Girls 14 800	2:16.15	9/09/2009	Courtney Chamberlain - William Clarke C
Girls 14 1500	4:59.50	9/09/2009	Amity Delaney - Pittwater House
Girls 14 High	1.58m	4/09/2007	Elana Withnall - Manning Valley A
Girls 14 Long	5.37m	1/09/2014	Bernice De Jager - Macquarie Colleg
Girls 14 Disc	33.01m	31/08/2016	Kate Peterson - William Clarke C
Girls 14 Jav	34.60m	31/08/2016	Kate Peterson - William Clarke C
Girls 14 Shot	13.10m	3/09/2008	Romy Ehrlich - Reddam House
15 Years			
Girls 15 100	12.69	31/08/2016	Stephanie Potter - International Gr
Girls 15 200	25.76	31/08/2016	Stephanie Potter - International Gr
Girls 15 400	1:00.63	31/08/2015	Bernice De Jager - Macquarie C
Girls 15 800	2:24.53	2/09/2013	Rosie Davidson - Nowra AC
Girls 15 1500	4:57.90	1/09/2014	Matilda Offord - Macarthur AS
Girls 15 High	1.58m	2/09/2013	Elisa Molen Grigull - Pittwater House
Girls 15 Long	5.37m	5/09/2005	Caryn Brett - Avondale School
Girls 15 Disc	37.74m	1/09/2014	Marie-Luise Meier-Kapavale - Wollondilly AC
Girls 15 Jav	33.18m	31/08/2015	Sabrina Kliousis - Newcastle
Girls 15 Shot	10.92m	1/09/2014	Marie-Luise Meier-Kapavale - Wollondilly AC

16 Years			
Girls 15-16 3000	10:23.37	1/09/2014	Matilda Offord - Macarthur AS
Girls 15-16 Triple	11.51m	31/08/2015	Jasmine Fountas - Reddam House
Girls 16 100	12.57	6/09/2009	Michelle Jenneke - The Hills GS
Girls 16 200	25.42	2/09/2013	Daisy Bryant - William Clarke
Girls 16 400	59.51	2/09/2013	Olivia Cason - Arden
Girls 16 800	2:19.87	1/09/2014	Rosie Davidson - Nowra AC
Girls 16 1500	4:59.07	1/09/2014	Rosie Davidson - Nowra
Girls 16 High	1.60m	1/09/2014	Elisa Molen Grigull - Pittwater House
Girls 16 Long	5.47m	31/08/2016	Bethany Kranendonk - Lakes Grammar
Girls 16 Disc	39.12m	31/08/2015	Marie-Luise Meier-Kapavale - Wollondilly
Girls 16 Jav	38.36m	31/08/2015	Caitlin Thurlow - William Clarke
Girls 16 Shot	12.52m	31/08/2015	Rachael Herger - Georges River
17 Years			
Girls 17 100	12.48	5/09/2011	Laura Bonzo - St Philips N
Girls 17 200	25.48	6/09/2010	Michelle Jenneke - The Hills GS
Girls 17 400	1:00.09	1/09/2014	Olivia Cason - Arden
Girls 17 800	2:28.38	31/08/2015	Nicole Ogle - Macquarie C
Girls 17 1500	5:09.78	31/08/2016	Matilda Offord - Wollondilly
Girls 17 High	1.58m	31/08/2016	Laura Perich - Macarthur
Girls 17 Long	5.33m	6/09/2010	Michelle Jenneke - The Hills GS
Girls 17 Disc	37.03m	4/09/2007	Katherine Zohrab - Bishop Tyrrell A
Girls 17 Jav	36.78m	31/08/2016	Rachael Herger - Georges River
Girls 17 Shot	12.63m	31/08/2016	Marie-Luise Meier-Kapavale - Wollondilly
Opens			
Girls 15-19 Relay	50.57	9/09/2010	St Phillips Newcastle - HRIS
Girls 17-19 3000	10:22.60	1/09/2014	Maudie Skyring - Illawarra GS
Girls 17-19 Triple	11.86m	5/09/2011	Michelle Jenneke - Hills Grammar
Girls 18-19 100	12.25	5/09/2011	Michelle Jenneke - Hills Grammar
Girls 18-19 400	58.84	31/08/2015	Olivia Cason - ARDEN
Girls 18-19 1500	5:11.19	6/09/2010	Katherine Whiteside - Penrith AC
Girls 18-19 High	1.60m	4/09/2007	Hannah Smith - Lakes Grammar
Girls 18-19 Long	5.31m	5/09/2011	Michelle Jenneke - Hills Grammar
Girls 18-19 Disc	36.84m	9/09/2009	Katherine Zohrab - Bishop Tyrrell A
Girls 18-19 Jav	34.05m	2/09/2013	Daniella Costaganna - William Clarke
Girls 18-19 Shot	10.59m	3/09/2012	Romy Ehrlich - Reddam House
Girls 18+ 200	25.84	31/08/2015	Olivia Cason - ARDEN
Girls 18+ 800	2:30.89	6/09/2010	Katherine Whiteside - Penrith AC
12 Years			
Boys 12 100	12.82	31/08/2015	Riley Oneill - Avondale
Boys 12 200	26.13	9/09/2009	Dylan Bennett - Hunter Valley GS
Boys 12 400	1:06.37	31/08/2016	Hugo Parrish - Illawarra
Boys 12 800	2:23.66	31/08/2016	Rafael Gordon - St Lukes
Boys 12 1500	5:01.96	5/09/2005	Blake Szumski - Broughton Colleg
Boys 12 High	1.57m	5/09/2011	Hayden Perry - Penrith AC
Boys 12 Long	5.02m	6/09/2010	Jordan Shelley - The Hills GS
Boys 12 Disc	41.79m	31/08/2015	Riley Oneill - Avondale
Boys 12 Jav	28.03m	31/08/2016	Callum Goodwin - Scone

Boys 12 Shot	11.44m	31/08/2015	Joshua Leifi - Wollemi
13 Years			
Boys 13 100	12.21	5/09/2011	Jordan Shelley - Hills Grammar
Boys 13 200	25.02	3/09/2012	Timothy Simmons - Rouse Hill
Boys 13 400	58.50	3/09/2012	Timothy Simmons - Rouse Hill AC
Boys 13 800	2:15.71	1/09/2014	Anthony Vlatko - International Gr
Boys 13 1500	4:31.67	2/09/2013	Lorcan Redmond - St Phillips N
Boys 13 High	1.72m	6/09/2010	Joshua Pettigrew - St Philips Newca
Boys 13 Long	5.97m	6/09/2010	Dylan Bennett - Hunter Valley GS
Boys 13 Disc	36.09m	3/09/2012	Hayden Perry - Penrith Anglican
Boys 13 Jav	42.15m	3/09/2012	Hayden Perry - Penrith AC
Boys 13 Shot	13.41m	5/09/2005	William Sacilotto - Arden Anglican S
14 Years			
Boys 12-14 3000	8:58.77	1/09/2014	Lorcan Redman - St Phillips N
Boys 12-14 Triple	12.21m	5/09/2011	Joshua Pettigrew - St Phillips N
Boys 12-14 Relay	48.33	5/09/2011	Macarthur AS - NASSA
Boys 14 100	11.52	3/09/2012	Jordan Shelley - Hills Grammar
Boys 14 200	23.71	3/09/2012	Jordan Shelley - Hills Grammar
Boys 14 400	52.05	6/09/2010	James Kermond - Georges River GS
Boys 14 800	2:06.38	5/09/2011	Caleb Stamper - Illawarra GS
Boys 14 1500	4:22.94	1/09/2014	Lorcan Redmond - St Philips N
Boys 14 High	1.82m	31/08/2016	Riley Grant - Central Coast
Boys 14 Long	5.88m	6/09/2010	Gerald Sylvester - Avondale College
Boys 14 Disc	46.80m	1/09/2014	Angus Harrold - Penrith AC
Boys 14 Jav	44.05m	6/09/2006	Liam Speers - Newcastle Gramma
Boys 14 Shot	14.51m	6/09/2006	Liam Speers - Newcastle Gramma
15 Years			
Boys 15 100	11.06	2/09/2013	Jordan Shelley - Hills Grammar
Boys 15 200	22.32	2/09/2013	Jordan Shelley - Hills GS
Boys 15 400	49.97	5/09/2011	James Kermond - Georges River GS
Boys 15 800	2:03.13	3/09/2012	Joseph Halsey - St Peter's
Boys 15 1500	4:25.33	31/08/2015	James Seal - Illawarra
Boys 15 High	1.85m	31/08/2016	William Nicholson - Calrossy
Boys 15 Long	6.38m	31/08/2016	Benjamin James - St Philip's C
Boys 15 Disc	55.72m	4/09/2007	Liam Speers - Newcastle Gramma
Boys 15 Jav	52.14m	4/09/2007	Liam Speers - Newcastle Gramma
Boys 15 Shot	16.16m	4/09/2007	Liam Speers - Newcastle Gramma
16 Years			
Boys 15-16 3000	9:06.66	31/08/2016	James Seal - Illawarra
Boys 15-16 Triple	13.66m	3/09/2008	William Rodgers - Penrith AC
Boys 16 100	10.79	1/09/2014	Jordan Shelley - Hills Grammar
Boys 16 200	22.28	3/09/2012	James Kermond - Georges River GS
Boys 16 400	49.69	3/09/2012	James Kermond - Georges R G
Boys 16 800	1:59.58	3/09/2012	Alexander Seal - The Illawarra
Boys 16 1500	4:20.16	9/09/2009	Richard Bastable - St Columba Angli
Boys 16 High	1.97m	9/09/2009	Miles Coles-Clarke - Hunter Valley GS
Boys 16 Long	6.32m	3/09/2012	Daniel Hurwood - William Clarke
Boys 16 Disc	54.62m	3/09/2008	Liam Speers - Newcastle GS

Boys 16 Jav	50.00m	3/09/2008	Liam Speers - Newcastle GS
Boys 16 Shot	15.87m	3/09/2008	Liam Speers - Newcastle GS
17 Years			
Boys 17 100	11.15	2/09/2013	James Kermond - Georges River GS
Boys 17 200	21.94	2/09/2013	James Kermond - Georges River GS
Boys 17 400	50.51	2/09/2013	James Kermond - Georges River GS
Boys 17 800	1:59.07	6/09/2006	Mitchell Ryan - Macarthur AS
Boys 17 1500	4:23.83	6/09/2006	Mitchell Ryan - Macarthur AS
Boys 17 High	2.03m	6/09/2010	Miles Cole-Clark - Hunter Valley GS
Boys 17 Long	6.27m	1/09/2014	Dylan Bennett - Hunter Valley GS
Boys 17 Disc	58.27m	9/09/2009	Liam Speers - Newcastle GS
Boys 17 Jav	54.98m	9/09/2009	Liam Speers - Newcastle GS
Boys 17 Shot	17.32m	9/09/2009	Liam Speers - Newcastle GS
Opens			
Boys 15-19 Relay	45.18	3/09/2012	Broughton AC - NASSA
Boys 17-19 3000	9:11.65	31/08/2016	Jordon Glover - Northholm
Boys 17-19 Triple	13.76m	9/09/2009	William Rodgers - Penrith AC
Boys 18-19 100	11.26	2/09/2013	Luke Petterson - Arden
Boys 18-19 400	50.37	3/09/2008	Ian Dewhurst - Arndell AC
Boys 18-19 800	1:55.55	9/09/2009	Michael Bingham - Shellharbour AC
Boys 18-19 1500	4:21.72	1/09/2014	Jake Myors - Shoalhaven A
Boys 18-19 High	2.03m	5/09/2011	Miles Cole-Clarke - Hunter Valley GS
Boys 18-19 Long	6.61m	3/09/2008	Ian Dewhurst - Arndell College
Boys 18-19 Disc	47.10m	5/09/2011	Evan Jennis - International GS
Boys 18-19 Jav	52.75m	31/08/2016	Caleb Tumai - Redeemer
Boys 18-19 Shot	13.30m	5/09/2011	Evan Jennis - International GS
Boys 18+ 200	22.69	1/09/2014	James Kermond - Georges River GS

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-  High Jump
-  Discus
-  3 x trestles
6 chairs

